



National Safety Council Recognizes September National Preparedness Month

Itasca, Ill. - At home or at work, routines can be disrupted with little or no warning by catastrophic events. Don't wait for an emergency to think about being prepared. Anticipating emergencies and planning a response can save lives, and greatly lessen the extent of injuries and property damage.

For National Preparedness Month this September, the National Safety Council (NSC) urges businesses and families to prepare for unexpected emergencies, both large and small. One step everyone can take is to receive training in basic First Aid, CPR, and the use of automated external defibrillators (AED). Ideally, at least one person in each household should have these life-saving skills.

NSC offers emergency care training year-around through its local chapters, in classrooms or online. Visit the Council's Web site, <http://www.nsc.org>, for chapter locations and local contact information. Also, see NSC emergency preparedness planning tips for employers, homes and communities online at <http://www.nsc.org/preparedness/>.

National Preparedness Month is sponsored by the U.S. Department of Homeland Security's Ready campaign to increase public awareness of emergency preparedness. NSC is a campaign partner.

The National Safety Council (NSC) is a nonprofit organization dedicated to keeping people safe by preventing injuries and deaths wherever they may occur -- at work, in homes, communities and on the roads -- through leadership, research, education and advocacy.

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Media Contact:
Meredith Morris
(630)775-2307