

AGGRESSIVE DRIVING

If you think driving is a race you have to win, remember:
The winners are those drivers who reach their destination safely.

- :: Learn to recognize aggressive driving behavior in yourself and others: speeding, tailgating, making sudden and frequent lane changes, failing to yield the right of way, ignoring traffic signals.
- :: Remember that these behaviors cause over 50% of all crashes.
- :: Courtesy is contagious - treat other drivers the way you'd like them to treat you.
- :: Remind yourself that every driver is someone's family member or friend.
- :: Angry or upset? Get a grip on your emotions before you get behind the wheel.
- :: Allow enough time to get where you're going.
- :: If someone cuts you off, don't shake your fist or flash your lights. Slow down and let them in. You'll still get there - in one piece!
- :: Don't take the behavior of aggressive drivers as a personal attack. Let it be a reminder to drive safely yourself.
- :: It's not your responsibility to punish aggressive drivers. Leave it up to law enforcement.

Source: Driven to Extremes: The Myths and Realities of Aggressive Driving, National Safety Council

